



Voice of the Residents

Shining a Light on Broadmead

Vol. 43, No. 9

Broadmead, Cockeysville, MD

May 2022

Barn Sale aids Afghan refugees

By Kathleen Truelove, photo by Tom Boytim

Members of Gunpowder Friends Meeting contacted Broadmead Barn Sale managers Lucy Wright and Stan Wilson about obtaining furniture and other household goods to outfit two Afghan families they are sponsoring. Tom Boytim, who has taken over the Furniture Department from Stan, responded quickly.

The families will be housed in small apartments, and carts for kitchen appliances were requested, along with several large items. A desk, dining room tables, and chairs were being loaded for donation when Lucy, Stan, and Dave Sutton arrived to say that with the

refurbishment of the Community Center, excess upholstered furniture was also available. From this source, a couch and upholstered chairs were added to the shipment. More furniture for refugees remains available and should be helpful for Ukrainian refugees expected to arrive.

A benefit of donating this furniture has been to free up space in the Barn Sale storage areas. Tom would like room to display furniture in a home-like setting so potential buyers can see the pieces to their best advantage.



Furniture bound for Afghan refugees.

Banner photo of Carolina Wren by Erroll Hay

New rules bring new pendant offerings

Text and photos by Pat van den Beemt

Now that residents can exercise in the gym without supervision during newly expanded hours, they are required to wear emergency pendants. But some people have worried that the pendant hanging on a chain around their neck might get tangled up in the gym equipment or go off accidentally.

The solution: A basket in the gym labeled “Common Use Emergency Pendants” that contains pendants in elastic wristbands. There are also pendants with a clip that can be attached to a belt or waistband. The pendants are available to everyone, including those who exercise during regular gym hours.



Andy Switzer, Director of the Center of Excellence in Health and Wellness, said the former gym area (now the rehabilitation gym) had pendants attached to the exercise machines. But pendants were not added to machines in the new facility.

“You can’t reach the pendant on the machine if you’re lying on the floor,” Andy said. “In all of our emergencies, the pendant on the machine would have done no good. The resident wearing a pendant is the only safe solution.”

While the wristbands in the gym are meant to stay there, residents can order their own by contacting the Maintenance department. They come in two sizes—small and large—and cost under \$14. George Pattee, IT business analyst, recently bought black elastic wristbands from Status Solutions, the emergency alert system used by Broadmead. Hanging pendants can be attached to the



Optional ways to wear a pendant.

wristbands, but residents may need help doing so. Ask at the reception desk.

Status Solutions also offers a watch pendant that sells for about \$200. Although it looks like a smart watch, the pendant does not tell time. The person wearing it simply presses the center of the watch to activate the emergency alert. Again, residents who want to purchase a pendant watch should contact the Maintenance department to make sure it’s the right device to meet their needs. Those ordering a watch will have to turn in their pendant, since only one emergency device is allocated per resident.

Now Open in South Hall Selections from the Works of

Herman Maril

May 1 – November 13

Gallery Lecture

Friday, May 13, 2 p.m.

“Herman Maril and the Provincetown Art Colony”

Chris McCarthy, Executive Director
Provincetown Art Assoc. & Museum

Bistro (*sign-up required*)
Zoom and BTV

Followed by Reception
South Hall • 3–5 p.m.

Broadmead Welcomes

Diane O. Newman, M-1, 443-578-8440
dnewbalto@gmail.com, January 2022

Born and raised in the West Baltimore neighborhood of Hunting Ridge, Diane Owings attended the Samuel Ready School for Girls and then the University of Maryland, College Park, where she majored in history. After graduation, Diane married Michael Newman, a student at the Johns Hopkins University School of Medicine. She received her MSW from the University of Maryland School of Social Work at the same time that Michael received his MD. They then moved between California, where Michael completed medical training, and Alaska, where he served in the Public Health Service. They loved Alaska, and after he completed his training they returned to Anchorage.



In 1980, after a divorce, Diane came back to Baltimore with her daughter. She worked in the Baltimore City Head Start program for several years. She then moved to a county program, "Project Home," which placed persons with mental illness with foster parents. Later,

Diane started her own social work practice as a consultant to healthcare facilities, to advise on compliance with patient needs and State regulations.

Diane moved to Broadmead from Cross Keys in Baltimore. Before that, she lived in Bolton Hill for over 20 years. Diane has a daughter, Leigh Newman, a prize-winning author who has just published her second book, a collection of short stories.

Diane has traveled widely. Her favorite trip was to Vietnam and Cambodia in 2019 with Road Scholar. Diane says that sailing up the Mekong River to Cambodia was a truly memorable experience.

Since the 1980s, Diane has been active in her church, First and Franklin Presbyterian Church in Baltimore. In addition, she has enjoyed classes at the Renaissance Institute at Notre Dame University of Maryland.

Wine tasting session in May

By Gwen Marable



Photo from best-italian-wine.com

Resident Bob Youngblood will again share his knowledge about wine making. The session, sponsored by the Multicultural Committee, will be held on May 21, from 4 to 5 p.m., in Meeting Room A. Attendance is limited to 20, and sign-up instructions will be posted at the beginning of May.

The focus of this session will be an exploration of Italian wines, from the Piedmont region in the north to Sicily and Sardinia in the south. Bob will explain the process of wine making and introduce samples of red wines and one white.

Bob's interest in wine was fostered by his growing up in the California wine country, and later as a college professor leading student trips to Europe.

Quaker Meeting at Broadmead

Sundays, 10:30–11:15 a.m.
Meeting Room A (*next to the Bistro*)

All residents are invited
Masks required

Tabitha and Abigail love their view

Text and photos by Jackie Mintz

Born on a goat farm in Carroll County and raised in Baltimore City, littermates Tabitha and Abigail have settled enthusiastically into their Cluster R home. They became part of Mari Quint's life when she accompanied a cat-loving friend to a farm almost eight years ago. Mari took the two calico kittens home to her condo on Charles Street and found them to be very good companions, especially during the first year of COVID, when she never ventured out of her home and they were her only living companions.

Tabitha and Abigail are both full of joyful energy. They are mostly friends, but occasionally erupt into a bout of sparring and hissing at each other. Having spent the first two months of their lives in a goat barn, they were not the most domesticated cats. But after five years, Tabitha started sitting on Mari's lap and now does that much of the time.

Abigail and Tabitha love the ground floor view onto the fire lane, with passing people and vehicles, and birds and squirrels to attack. It is far more interesting than the view of trees they had previously from their seventh floor home.



Abigail



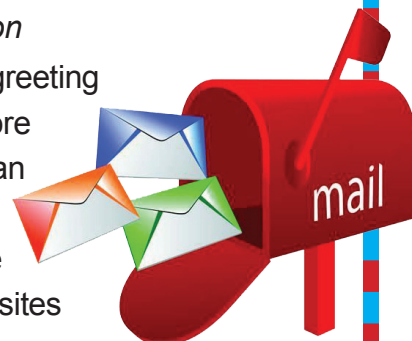
Tabitha

Tech Tip

By Don Killgallon

Don't have a greeting card? Skip a store trip by sending an e-card for any occasion. There are several websites from which to choose.

Just Google "e cards." Even Hallmark has them. For a small fee, you can choose a personalized e-card, delivered by email on a date you specify.



Trails Committee

TRAIL DAY

Thursday, May 12, 9 a.m. – 1 p.m.

Start at Stony Run parking lot

Rain date: Friday May 13

Model Train & Railroading Group

"Leaving the Station"

Barrett Rudd

Barrett owned and restored the
Lutherville Train Station

Wednesday, May 25, 10 a.m.
Meeting Room A

For more information
Contact Bill Hakkarinen

The apiary expands

Text and photo by Pat van den Beemt



From left: Cliff York, Tom Boytim, Stan Dorman, and Ray Lund

A Monkton man made a honey of an offer to Broadmead's beekeepers. Stan Dorman, who owns 55 acres in Monkton called River Bend Farm, donated four bee hives and lots of beekeeping equipment to help Broadmead's apiary grow. Dorman had raised bees on and off for years, but four years ago mites destroyed his entire colony, and he called it quits. While visiting Broadmead last fall, he saw the apiary and told Kristen Myers, a residency counselor with the Marketing department, that he would be happy to donate his bee equipment. She connected him with Broadmead's volunteer beekeepers. "We drove out to see what he had and there was so much, we didn't have an easy way to get it here," said resident Ray Lund. "Stan lent us his truck to get everything here."

Ray and Tom Boytim painted the donated hives this spring. There are now a total of seven hives, almost double the number last year. The donated equipment included tools used to maintain the hives as well as beekeeper suits. Although Dorman has retired, "his honeybees will live on and produce honey in his equipment," said resident beekeeper Cliff York. During a recent visit to see his hives in action, Dorman even volunteered to come back and help.



Broadmead's apiary produced honey last year that was sold at the Mini Barn Sale in the fall. Jars filled with the golden syrup netted \$2,000, which will be used to buy supplies needed to keep this year's bee colony buzzing.

In Memoriam

Suzanne Swift

March 5, 1936 – March 23, 2022

Joan Martin

March 8, 1934 – April 16, 2022

Ursula "Pat" Campbell

July 8, 1927 – April 17, 2022

Parkinson's Reflection Group

Neurosurgical Aspects of Parkinson's

Tuesday, May 10, 4:30 p.m.

Zoom links on Caremerge

For more information, contact
Walter Burnett, 828-399-0525

Goats to the rescue

By Phyllis Hoyer

Can goats and volunteers save the paw paw trees? Broadmead's paw paws have been threatened by enormous vines of invasive oriental bittersweet, which grew so large and heavy that they weighed the trees to the ground. They also grew over the tree canopy and blocked most of the sunlight, damaging the trees' vigor and health. These trees were planted in the last century by resident Harry Patton.



From left: Harry Patton, Lehman Guyton, Carolyn Hoffman, Amos Horney. Late 1980s. Photographer unknown.

The Nature Committee consulted Grounds Manager Linnette Kanitz, and, following her advice, committee members and several resident volunteers cut the vines near to the ground. Working one morning a week for two to three hours, residents completed the task in three weeks.

The next problem was how to get rid of the vines, as well as other invasives such



Roger Karsk and Jeanette Anders. Photo by Phyllis Hoyer.



Carel Hedlund. Photo by Phyllis Hoyer.

as multiflora rose. Although the proposal was initially made facetiously, the committee investigated whether goats could be hired to eat the leaves and vines.

The committee contacted Roni Cassilly from Harmony Church Farm in northern Harford County, who rents out her goats. Roni met with Linnette and committee members Carel Hedlund and Phyllis Hoyer, who persuaded her to bring the goats to Broadmead.

Roni will create a solar electric fence circling about one-third of an acre along Paw Paw Lane behind the apiary, down to York Road, and into the grassy area east of the lane. Her 17 goats will spend two days here, with an overnight in Broadmead's barn.

Linnette and the committee plan to have residents meet Roni and to involve them in activities during the goats' visit.

Moving Around Broadmead

	<i>From</i>	<i>To</i>
Sandra Lund	J-10	Darlington

Old & New Shop

GRAND OPENING

Monday, May 9, 12:30 p.m.
Lower Level

Return of ruby-throated hummingbirds

Text by Debbie Terry, photo by Pauline Horn

Ruby-throated hummingbirds are arriving now from their winter grounds in Mexico, Central America, and Florida. They breed as far north as Canada and in all states east of the Mississippi. Nest building in the Baltimore area can begin as early as May 9. Ruby-throats have become increasingly common in suburban neighborhoods as homeowners have lured them into their yards with nectar-filled feeders and lots of red and orange tubular flowers, such as cardinal flower, bee balm, and trumpet honeysuckle.



To attract hummingbirds, put a feeder filled with nectar in your yard. It is not necessary to purchase hummingbird food at a pet store. Make your own sugar water by mixing one-quarter cup of table sugar to one cup of water. Maintain this proportion because too much sugar can cause liver and kidney damage. It is not necessary to add red food coloring, because hummingbird feeders are colored red. If you prefer to make a large quantity of sugar water to store in the refrigerator, it is best to bring the sugar and water mixture to a boil in a saucepan on the stove or in a large Pyrex measuring cup in the microwave.

Keep the sugar water in feeders fresh, and keep the feeders clean. If the weather is hot and the feeders receive a lot of sun, sugar water will ferment very quickly, so feeders should be emptied, cleaned, and refilled every

two or three days. It is easier to maintain a smaller feeder than a larger one. If the weather is mild, feeders can go a week without being cleaned.

Hang your feeders away from windows to prevent collisions and high enough to prevent cats from reaching them. And of course, the more red and orange flowers that bloom in your yard, the better the odds are that hummingbirds will visit you.

If hummers come to your yard this summer, keep a record of the starting and ending dates, what type of feeder you used, and what flowers were in bloom. If hummers do not use your feeders, pass that information on to me as well. I'll tabulate whatever information is sent. It will be interesting to see if any conclusions can be drawn about ruby-throated hummingbirds at Broadmead.

First Monday Book Group

Mondays, 10:30 a.m., Meeting Room A

May 3: *Daughters of Yalta*, Grace Katz

June 6: *Shadows Reel*, CJ Box

July 4: No meeting

Furniture

The Barn Sale Furniture Department is now accepting donations of selected furniture and rugs that are clean and in good repair.

Contact Tom Boytim, 609-405-8314
zeldapooh@icloud.com

Current Events

With Barry Rascovar

August 11, 18, and 25

3:30–5 p.m.

Venue to be announced

Lake? Maybe?

By Pat van den Beemt, photo by Erroll Hay

A lake is defined as a body of water surrounded by land. The word “maybe” is defined as possibility or probability. But in Broadmead parlance, Lake Maybe is a scenic water resource with a spritzing fountain, where ducks and herons forage among the cattails. It’s the setting for plenty of residents’ photos as its look changes with the seasons.

The truth is that Lake Maybe is not a lake—it’s a stormwater management pond. It receives water from two sources: runoff from the campus after rain or melting snow, and fresh water that’s pumped in from a natural spring that also feeds the circular pond across the road.

“Lake Maybe is there to prevent stormwater from flooding Western Run,” said Grounds Manager Linnette Kanitz. The water has reached an overflow pipe many times, allowing it to pass through a pipe under Copper Beech Lane and through the meadow bordering Cluster W into Western Run.

While the fountain looks pretty, its purpose is to aerate the water to prevent algae. The fountain had its start in 2013, when Broadmead’s Development Office, together with the BRA, hosted “Putting with a Purpose,” a fundraiser to buy a fountain. A 9-hole miniature golf course was set up in the Community Center, and residents paid \$20

to play a round of golf. Corporate sponsors helped the event raise \$6,000.

Linnette said that she considers Lake Maybe so integral to the overall Broadmead experience that she’d love to set up a live Web camera. “How cool would that be to be able to look at Lake Maybe on your TV or computer?” she asked. “Nature is a big part of why people move here, so you could see it every day, even if you’re in Hallowell, Taylor, or Darlington. With Lake Maybe, there’s history and there’s hope.”

Inquiring Minds Want To Know



Have you ever walked around campus and come across something that you have no idea what it is or what it does? We’re asking you to send us your queries. Each month, the Voice will run a story, photo, or brief explanation about a feature, whether it dates back to Broadmead’s beginnings or is part of the ongoing construction. The first in the Inquiring Minds series, published in this issue, is a look at Lake Maybe. Send your questions or photos to Pat van den Beemt at pvdb@comcast.net.



Tim Williams is Employee of the Year

Text and photo by Ann Hunter

Timothy Williams is Broadmead's Employee of the Year for 2021. He was awarded \$1,000, a one-of-a-kind polo shirt, flowers, a goody bag, a trophy, and a banner. Tim says he is overwhelmed by the honor because "I don't expect to be acknowledged for what



Tim Williams

I do. I enjoy my work and strive to do my best every day. I just want to make everyone happy—employees and residents." He says that he is very comfortable at Broadmead and would like to work here forever.

Tim's employment history began when he was 15 years old. His cousin's girlfriend, a Broadmead employee, suggested that he apply to be a waiter in the Holly Terrace. Brenda Copenhaver was delighted to have a young man on her waitstaff. Stints in utility and in the Arbor Café followed and, in 2018, he was offered his present full-time position of Housekeeping Coordinator.

During his tenure at Broadmead, Tim graduated from Reach Partnership High School (Lake Clifton) and attended the Community College of Baltimore County on a Boynton scholarship.

Tim and his fiancée, Sha'nya Ross, who works in Dining Services at Broadmead, live in Lutherville. Tim has five younger brothers, ages 7 to 23, and is trying to be a good role model. He loves video games, cartoons (he considers the old ones the best), and music. He would like to learn to play guitar or piano and take voice lessons.

Tim was chosen January's Employee of the Month by a committee of employees. The year's twelve honorees were then submitted to the administration's Executive Leadership Team, which chose the winner.



Hyko Laeyendecker arranging carnations in a tulip tower.

Photo by Sharon Karsk

Broadmead Resident Email Lists

To join the Broadmead resident email list: Send an email to:
brabroadmead@gmail.com

To join the Broadmead Business email list: Send an email to:
joen1234@comcast.net

(Do this also if you change your email address)

LET'S SING!

Jonathan Jensen, piano

Monday, May 2, 3:30-4:30 p.m.

Exercise Classroom

All voices welcome

Song books provided

Contact Ed Hirschmann,
443-578-8270, for more information

Friends Connect Community Navigator appointed

By Elsa Collins, photos by Kathleen Truelove



Chennita Mclean

Chennita Mclean has recently joined Friends Connect as the Community Navigator. Friends Connect is a licensed service that provides medication reminders, personal care, and companionship services to residents of Broadmead and to

clients in the community.

Chennita had been a staff coordinator at another facility but was drawn to Broadmead by the family atmosphere she discovered during her interview and by recommendations from several friends. Don Palughi, the Director of Friends Connect, said how vital her addition to the staff has been because the position was unfilled for eight months.

As Community Navigator, Chennita is the first contact residents and clients have for services. She conducts interviews, coordinates with staff, oversees staff education, and keeps payroll records. Her goal is to provide friendly, helpful coordination of services.

Chennita grew up in Baltimore and graduated from Lake Clifton High School. She earned an associate degree in arts and sciences from Baltimore Community College and is currently pursuing a master's degree in health care management from Strayer College.

She lives in Baltimore County with her husband and three sons, ages 20, 16 and 11. In addition to her studies, she enjoys sharing her sons' interests: painting and drawing, visiting museums, and recently her youngest son's interest in anime.

Chennita is the smiling, outgoing, friendly person who greets you at the entrance to Friends Connect in the new offices just past the mailboxes. Hers is the voice you hear when contacting Friends Connect at 443-578-8065.

FROM THE ARCHIVES

WANTED ELECTRIC TYPEWRITER

(May 1981)

Somewhere among the Broadmead Residents or among Residents-to-be, there must be an electric typewriter, pica size type, in good condition—but which is not being used. Some families, we understand, have more than one. The Voice needs such a machine. That will be one answer to having a clearer and darker type on our finished product. Call "Lefty" Graham.



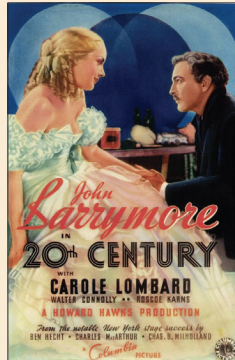
Chennita McLean providing transportation.

BROADMEAD MOVIES

**Saturdays, 7 p.m.
Meeting Room A
Sign-up required**

May 7: Twentieth Century

A manic theater director turns a chorus girl into a star. The title refers to the train. With John Barrymore and Carole Lombard.



1934 Comedy NR
1 hr 31 min

May 14: Minari

A family of Korean immigrants tries to make a go of farming in Arkansas. With Steven Yeun. Korean with subtitles.

2020 Drama PG-13 1 hr 55 min

May 21: Mystery Road

An Aboriginal detective investigates the murder of a teenage girl. Set in Queensland. With Aaron Pedersen.

2013 Crime NR 1 hr 58 min Australian

May 28: The Current War

Direct vs. alternating, Edison vs. Westinghouse. "Inspired" by the true story. With Benedict Cumberbatch and Michael Shannon.

2019 Historical drama PG-13 1 hr 42 min



The sign-up sheet will be posted on the Monday morning before the movie, on the bulletin board behind the upstairs reception desk.

Finally! The Holly Terrace is open.





All will be explained. Next month.

Broadmead Chorus Invites New Singers

Sopranos, altos, tenors, basses

Tuesday rehearsals, 3:15–4:45 p.m.
Contact Wendy McIver, 443-578-8269



For trashy guests only? Photo by Kathleen Truelove



Bloodroot. Photo by Marsha Howes

Voice of the Residents

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